# Spring Newsletter 2024





# From the Editor

Fresh air, warmer weather and blooming flowers.
What's not to love about spring?

Firstly I must apologise to residents who have not seen me around the village lately. With lots of works happening around the village, I have been a little snowed under in the office. I look forward to our catch ups and I hope to be able to better manage this now my hours are full time.

I feel very proud to manage such a wonderful retirement village. The people are lovely and we are all so lucky to have such a caring and energetic Caretaker who takes extra care and pride in his work. I've said it before, and I'll say it again.... The village looks absolutely beautiful and with the warmer months rolling in we will see the hard work Mick has been putting in over the last 12 months.

The Community Centre is up and rocking with many residents volunteering on committees organising many social and interactive events for all the residents to enjoy. There's so many fun filled functions planned in coming months so make sure you have a good look at the social calendar and come along.

I would like to pass on my condolences to families that have lost loved ones in recent months and wish anyone struggling with their health the best of wishes. So as the days get longer and warmer, I hope to see as many of you out and about enjoying some vitamin D.

I welcome your feedback, so please email me at ewill@lwdc.sa.gov.au if you would like to share information our readers might be interested in.

Please note that I will be on leave from 18/9/2024 to 26/9/2024. Please contact Council on 08 8584 8000 or Mick on 0401 987 529 for any maintenance issues.

Don't get blown away! **Eve Will** 

# Welcome!

The Loxton Retirement Village would like to send a warm welcome to our new resident, **Peter Bee!** 

Since our Winter edition newsletter we have had to say goodbye to some of our lovely Residents. We wish those that have moved all the best and we pass on our condolence to families that have lost their loved ones.

Reg McConnell Jan Paterson



# What's Happening

#### 10 Year Refurbishment

Inspections of units have been scheduled for all units due for refurbishment in 2024 /2025.

#### Changeovers

The Licence to Occupy to the following units has changed since our last meeting:

98 Bookpurnong Road - Vacated 5/4/2024
 New Licence to Occupy 16/7/2024

#### Isolation Valve Repairs - Carry Over from 2022/2023

The repairs to unit isolation valves and irrigation taps continues throughout the village.

#### **Termite Inspections**

Murray Pest Control compelted termite inspections at all units and LRV facilities in June 2024.

# Loxton Retirement Village Community Centre & Management Sub Committee

- 25/3/2024 Meeting
- 22/5/2024 Meeting
- 17/6/2024 Meeting

Loxton Retirement Village Resident Committee

- 22/05/2024
- 17/06/2024

#### **Hot Water Service**

The hot water service replacement project commenced in August and will be complete by the end of October 2024. Loxton Plumbing and Mowbray Electrical are contracted to install the units.

#### **Leatrice Pfitzner Court Entry Beautification Project**

Contractors have removed the old conifer trees and new planting will be completed soon. We have only received positive feedback about this, we thank those who have taken the time to share their positive thoughts.

#### **Important Dates to Remember**

- 10am Thursday 12 September
   Magician & BYO BBQ lunch
   (Retirement Village Community Centre)
- Saturday 19 October
   Leatrice Pfitzner gazebo between Quirke St and Dowd Pl is booked for a private function
- 10am Tuesday 29 October

  Annual General Meeting of Residents
  (Retirement Village Community Centre)
- Tuesday 5 November
   Melbourne Cup Luncheon
   (Retirement Village Community Centre)
- Wednesday 27 November Christmas Luncheon

# Message from Mick

#### Garden / Caretaker

Well, this year is just flying along.



There have been a few projects we have been working on around the village.

 The pines have been removed at the entrance to Leatrice Pfitzner Cres

This was done as the trees were getting to the end of their healthy life and impacting on plumbing in the garden bed. New plantings will be done once stock is available. The area looks a lot more open, Residents on View Street feel more included in the village layout and it will give a fresh new look.

Removal of vegetation between Quirke Street and Dowd Place.

This is an area that is not used and was very old and extremely overgrown. We have been concerned about numerous snake sightings in the area, so cleaning it up to give a fresh new look will hopefully keep them away. There are major sewer & mains water infrastructure in this area. The area will be left empty for now until we decide on new suitable plantings

- We are also installing new locked access gates for contractor access off Hayward Terrace.
- I have spread a few trailers loads of manure to our rose beds throughout the village. Along with installing new irrigation to them. This will hopefully boost them along this year.
- Bushes adjacent some units have been removed to allow Loxton Plumbing access with their machines to fix plumbing issues caused by the bushes. Some replacement plantings have gone in around the village and more will be done after the contractors have finished.

This is a timely reminder that you need to get permission to plant anything in the village so we can try avoided any future costly impact to underground infrastructure.

The weather is changing now and looking rather dry. The irrigation will be adjusted accordingly. Sometimes we may run an extra-long shift from time to time to get the water to the plants.

Because of this, I ask that you do not add or modify any extra drippers or sprinklers to the irrigation in the village without approval, as this may cause flooding and over watering issues.

It is a large area to maintain and if you have concerns that some of the plants are not getting adequate water, please contact me & I am more than happy to investigate.

#### Regards

#### Mick

#### Middle garden section between Quirke Street & Dowd Place







**Before** 

**During** 

After

#### **Leatrice Pfitzner Crescent Entrance**





**Before** 

**After** 

## Plan Ahead Week

Who would speak for you if you couldn't speak for yourself? What would they say? Each year Plan Ahead Week draws attention to the importance of thinking about your financial, health, legal and personal wishes and how you can make sure they're known and respected.

Accidents, illness or death can happen at any time so it's important to talk to your loved ones about your wishes and document them.

Complete the legal tools available so your loved ones will know your choices, and act upon them if you cannot express yourself at some time in the future.

Thinking about your future and making your wishes known in advance can help reduce family stress and conflict during times of crisis.

Speak for yourself. Make your wishes clear and protect against abuse.

Remember to give certified copies of your documents to your loved ones, your GP, your legal team and your local hospital.

#### How do I plan ahead?

#### **Advance Care Directives**

An Advance Care Directive is a legal form that allows people over the age of 18 years to:

- Write down their wishes, preferences and instructions for future health care, living arrangements, personal matters and end of life
- Appoint one or more substitute decision-makers to make these decisions on their behalf when they're unable to do so themselves.

Visit the Advance Care Directives website to download, print or complete your Advance Care Directive online.

Alternatively, you can collect a free Advance Care Directive Kit from Service SA or have it delivered (postage fees apply) or pick up from selected local public libraries.

#### **Enduring Power of Attorney**

Making an Enduring Power of Attorney means your financial affairs can be looked after by someone you know and trust and continue to operate even if you become legally incapacitated, and decisions need to be made on your behalf.

You cannot make a power of attorney after you have become legally incapacitated. You can cancel your enduring power of attorney at any time, as long as you still have legal capacity.

The Legal Services Commission of South Australia has Enduring Power of Attorney Kits available to purchase for \$22. The Kit includes the forms you'll need and explains how to complete and use them. Visit the website for further information.

The Public Trustee provides Will making and Enduring Power of Attorney services to eligible concession holders or those subject to administration or guardianship orders issued by SACAT or the Courts. For further information and to check your eligibility, please visit the website.

#### Will

Make a Will and nominate who you want your property and possessions (your 'estate') to go to after your death.

There is no legal requirement that a solicitor must prepare a Will, but using a legal professional will make sure your Will is legal and reduce the possibility of it being contested or challenged.

If you don't have a legal Will, South Australian laws determine how your property or 'estate' will be divided.

The Legal Services Commission of South Australia provides free information and legal advice on Wills. Or you could engage a private lawyer.

#### **Organ and Tissue Donation**

You can record your wishes regarding organ and tissue donation by registering at DonateLife or on your SA driver's licence. All you need is your Medicare card. Registering is voluntary. It is important to talk with your family and those close to you about your decision.



LOXTON Retirement Village	Community Living
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30						-
2	3	4	2	9	7	<b>∞</b>
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Film Arvo 2pm		Yoga 9.30am Cards 2-4pm Pool 2pm Happy hour 4pm		
6	10	11	12	13	14	15
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Film Arvo 2pm The Glen Millar Story	Magician & BYO BBQ Lunch	Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		
16	17	18	19	20	21	22
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Morning Movie 10am		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		
23	24	25	26	27	28	29
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Film Arvo 2pm Take me out to the Ball Game		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	2	9
	Senior Citizens 1-4pm	Film Arvo 2pm		Yoga 9.30am Cards 2-4pm Happy hour 4pm		
7	80	6	10	11	12	13
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Film Arvo 2pm		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm BBQ 6pm		
14	15	16	17	18	19	20
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Film Arvo 2pm		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		
21	22	23	24	25	26	27
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 12.30pm 50th Birthday	Film Arvo 2pm		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		
28	29	30	31			
Bridge 1-4pm Arvo Tea 2.30pm	LRV AGM 11am	Film Arvo 2pm				



# NOVEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				-	2	m
				Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		
4	വ	9	7	8	6	10
Bridge 1-4pm Arvo Tea 2.30pm	Residents Melbourne Cup Luncheon	Film Arvo 2pm		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		
11	12	13	14	15	16	17
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Film Arvo 2pm		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		
18	19	20	21	22	23	24
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Film Arvo 2pm		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		
25	26	27	28	29	30	
Bridge 1-4pm Arvo Tea 2.30pm	Senior Citizens 1-4pm	Christmas Luncheon		Chair Yoga 9.30am Cards 2-4pm Happy hour 4pm		



# 70s Music Trivia

The 1970s are famed for their dodgy hair styles and even dodgier fashion. But it was also a time of fantastic music. Test your knowledge of one of the greatest musical eras with our fun 70s music trivia questions! How much can you remember about the sounds of that era? Find out by taking our fun 70s music trivia quiz!

- Question 1 Which Neil Diamond song became his first to reach the number one spot on the Billboard Hot 100 when it hit the top in October 1970?
- Question 2 Which song, originally written by Kris Kristofferson, gave Janis Joplin a posthumous number one single in the U.S. charts in 1971?
- Question 3 Which Carly Simon smash hit song from 1971 was allegedly about actor Warren
- Question 4 Which 1972 hit song by Johnny Nash was re-recorded by Jimmy Cliff in 1993 for the soundtrack to the movie Cool Runnings?
- Question 5 Which train were Gladys Knight and the Pips going to take in 1973?
- Question 6 Which Fleetwood Mac album featured the hit singles Go Your Own Way, Don't Stop, and Dreams?
- Question 7 Which group held 4 of the top 5 positions in the Billboard Hot 100 singles chart for one week in March 1978?
- Question 8 Which disco queen had a smash hit in 1979 with the single Hot Stuff?

# Birthdays in the Village



James Thiele
Pat Luitjes
Veronica Milich (80th!)
Syd Schober
Marlene Jaynes

John Schwarz
Elaine Trower
Robert Hobbs
Robert Lehmann

#### October

Elaine Good
Ruth Dansie
Bronwen Pankhurst
Keith Ward
Maureen Kelly
Anne Lehmann

Yae Schoenhenzel
Phillip Knowling
Joy Hennig
Beth Huppatz
Jan Muller
Michael Roberts

### November

Joan Loxton Helen Hobbs Daph Pontt Connie Kelly Dorothy Platten Jennty Thiele Neil Prior (90th!) Stan Zimmerman

If you have been missed or we have incorrect records, please contact Eve and get your details updated.

# Some village residents featuring in the local paper in recent weeks!









GLADIGAU, Merv and Raelene.

Were married on 15 August, 1964 at St Johns Lutheran Church, Cambrai.

Congratulations on celebrating 60 years of marriage.

#### Loxton Retirement Village Representation

#### Loxton Retirement Village Committee

Cr Jody Flavel
Cr Michael Vowles
Carlene Noble
Bert Haslam
David Ward
Marian Woodberry
David Beaton - CEO
Eve Will - LRV Administration
Officer

#### Loxton Retirement Village Residents Committee

#### Chairman

David Ward
Acting Chairperson: Jan Cass
Secretary / Treasurer

Keith Munchenberg

#### Committee

Stan Zimmermann
Doreen Linke
Barrie Muller
Connie Kelly
Anne Lehmann
Dorothy Vaughan
Eve Will
(LRV Admin Officer)

#### **CONTACT DETAILS**

**Eve Will**Administration Officer

(08) 8584 8060

Monday - Friday 7.30am - 4pm

www.loxtonretirementvillage.com.au



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